



NOVEMBER 2026

GLEN ROCK

Elementary/Pre-K Lunch



POMPTONIAN
FOOD SERVICE

MONDAYS

SunButter & Jelly
Sandwich w/ Pretzels &
String Cheese

Paris Café: Assorted
Cheeses w/ Sweet
Grapes & a Baguette
Slice or Mini Croissant

Grilled Chicken Caesar
Salad w/ a Dinner Roll

TUESDAYS

Boar's Head Turkey BLT
Roll-Ups

Grab 'n Go Yogurt Box:
Yogurt w/ String Cheese,
Pretzels & Fruit

Healthy Hummus Meal
w/ Pita Triangles &
Pretzels

Plant-Based Meatball
Hero

WEDNESDAYS

Wild West: Boar's Head
Ham w/ Cheese on a
Whole Grain Wrap

Peach Yogurt Parfait
w/ Granola

Grilled Chicken Cobb
Salad w/ a Dinner Roll

Plant Based Tenders
w/Tortilla Rounds

THURSDAYS

Grilled Chicken Caesar
Wrap

Bagel Lunch: White or
Whole Grain Bagel w/
Cream Cheese, Fruit &
Vegetable

Chicken Chopped Salad w/
Ranch Dressing & a Roll

Black Bean Burger on a
Bun

FRIDAYS

Boar's Head Italian Sub

Cereal Lunch w/
a Low-Fat Cheese Stick,
Yogurt & Fruit

Chicken Salad Bento Box
w/ Grapes & Pita Bread

Impossible Burger on a
Bun

2	3	4	5	6
Potato & Cheese Pierogi w/ Hot Dog Bites	NO SCHOOL ELECTION DAY	Cheesy Chicken Mac	NO SCHOOL	NO SCHOOL
Pizzeria Pizza		Pizzeria Pizza		
Chicken Fillet Parmesan w/ French Fries Double Hot		Appetizer Sampler Double Hot		
9	10	11	12	13
Sabrett All-Beef Hot Dog on a Bun w/ French Fries	Homemade All-Natural Chicken Soup w/ a Chicken Fillet Sandwich	Cheese Ravioli in Marinara Sauce w/ Italian Bread	Lasagna Roll-Ups w/ Marinara Sauce & Mixed Veggies	 Organic Grilled Cheese Sandwich w/ Roasted Local Butternut Squash
Pizzeria Pizza	Pizzeria Pizza	Pizzeria Pizza	Pizzeria Pizza	
Pizza Crunchers w/ a Dinner Roll Double Hot	Stuffed Crust Pizza Double Hot	Boneless Chicken Wings w/ Mashed Potatoes Double Hot	Chicken Tenders & Fries Double Hot	Pizzeria Pizza
				Chicken Nuggets w/ Mashed Potatoes Double Hot
16	17	18	19	20
BBQ Pulled Chicken Sliders w/ Fries	Cheeseburger w/ Tater Tots	Roasted Turkey w/ Mashed Potatoes, Gravy, Sweet Corn & a Turkey Sugar Cookie	 Organic Grilled Cheese Sandwich w/ Homemade Organic Chicken & Rice Soup	 Baked Organic Mac & Cheese: Organic Pasta, Organic Cheddar Cheese & Organic Milk
Pizzeria Pizza	Beef Burger w/ Tater Tots			
French Toast Sticks w/ a Sausage Patty Double Hot	Vegan Impossible Burger w/ Tater Tots	Pizzeria Pizza	Pizzeria Pizza	Pizzeria Pizza
	Pizzeria Pizza	Teriyaki Chicken w/ Asian Vegetables over Brown Rice Double Hot	Popcorn Chicken & Potato Bowl w/ Cheese, Gravy & Corn Double Hot	Baked Mozzarella Sticks w/ Marinara Sauce and Sweet Corn Double Hot
	Stuffed Shells in Pink Sauce w/ Garlic Bread Double Hot			

23
BBQ Rib on a Bun w/
Mixed Vegetables

Pizzeria Pizza

Popcorn Chicken w/
Mashed Potatoes & a
Dinner Roll

Double Hot

24
Cheeseburger w/ Sweet
Potato Fries

Beef Burger w/ Sweet
Potato Fries

Vegan Impossible Burger
w/ Sweet Potato Fries

Pizzeria Pizza

Chicken Tenders w/
Veggies
Double Hot

25
**EARLY DISMISSAL
NO LUNCH SERVICE**

26
**NO SCHOOL
HAPPY THANKSGIVING**

NO SCHOOL

27



30
French Bread Pizza

Pizzeria Pizza

Mozzarella Sticks w/
Marinara Sauce &
Italian Bread
Double Hot



Fruits & vegetables from
The Farm Stand are
included with lunch.

Go to
<https://glenrock.pomptonianmenus.com/order>
to place an order by credit card.

**FOOD
ALLERGIES**

Allergy-Aware menus are available for students with food allergies.
For more information contact your Food Service Director or see
our Food Allergy Best Practices at www.pomptonian.com.

Traditional Lunch - \$5.30 per meal
Double Hot Traditional Meal - \$7.00
Boar's Head Deli & Featured Favorite Lunches - \$6.00 (Double Hot not available)
Premium Lunch - \$6.30 (Double Hot not available)
 Organic Lunch - \$7.50 (Double Hot not available)
2-Slice Pizza Meal - \$6.75

Upgrade your Milk Selection!

Add an Organic Milk or Organic Chocolate Milk to your order
for \$3.00 found in the BEVERAGE OR SNACK menu

A Complete Meal Includes:

Entrée w/ Protein/Grain

A Trip to The Farm Stand

Low-Fat Flavored Milk, Skim Milk, 1% Milk,
or 4 oz. Pure Fruit Juice

Any questions, call Food Service Director
at 201 445-7700 ext. 8965

Menu Subject to Change

Everything on this Menu is baked not Fried

*Your comments are important to us. Please email us at
comments@pomptonian.com*